

# **WILLIAM L. FIBKINS, PH.D.**

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## **SCHOOL & COMMUNITY MENTAL HEALTH PROGRAM DEVELOPMENT**

**TEACHER/TRAINER • SPEAKER/PRESENTER  
RESEARCHER/ WRITER • AUTHOR • CONSULTANT**

Nationally recognized expert in the field of Counseling and Human Development. Training programs focus on a variety of issues such as wellness, health and fitness, aging, and self-improvement; leadership development; organizational change; school and community improvement; training educators, medical personnel, and clergy; parenting; adolescent development; and adult continuing education.

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## **EDUCATION AND CREDENTIALS**

**Ph.D and M.A. in Counseling, Rehabilitation, and Human Development**  
Syracuse University, Syracuse, New York

**B.S. in Education**  
University of Massachusetts, Amherst, Massachusetts

## **PROFESSIONAL DEVELOPMENT**

**Certificate in Student Assistance, Alcohol and Substance Abuse Training**  
Hazelden Institute, Center City, Minnesota

**Certificate in Alcohol and Substance Abuse Training**  
Rutgers University Advanced School of Alcohol and Drug Studies, New Brunswick, New Jersey

**Student Assistance Training Certificate**  
Student Assistance Services, Inc., Westchester County, New York

**Training in the Life Span**  
The Prospect School, Bennington, Vermont

## **CERTIFICATIONS**

New York State Guidance Counselor-Permanent  
New York State Secondary School Principal-Permanent  
New York State School Psychologist-Provisional  
New York State Social Studies and Health/Physical Education-Permanent

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## **PROFESSIONAL EXPERIENCE**

### **Director of Guidance and Counseling Services**

**Central Islip Public Schools** – Central Islip, New York

*Established first district-wide program for the five schools in district.*

**Founder and Director**

**Bay Shore Public School/Stony Brook University New World Foundation Teacher Training Center** – Bay Shore, New York

*Nationally acclaimed program focused on school-day teacher training lead by teachers, administrators, and university faculty that included private school faculty and initiating a series of university-school-community forums on critical issues for youth and parents.*

**Founder and Director of Teacher Training**

**Queens College / U.S. Department of Education / New York City Public Schools / Louis Armstrong Intermediate School Project** – East Elmhurst, New York

*Focus of the program was readying teachers for the opening of the Louis Armstrong School, developing before and after school physical education, health, nutrition, and academic tutorial programs for students, offering Queens College graduate courses and parents/community members continuing education at school site, and instituting a series of university-school-community forums on critical youth and parent issues. A 7AM to 10 PM program.*

**Counseling and Training Program Developer**

**Chair, Curriculum Development Committee**

**Founder, Student Assistance Counseling Program, Teacher Advisor Training, & Parent Training Center**

**Shoreham-Wading River Public Schools** – Shoreham, New York

*Developed the guidance, counseling, and training programs for teachers, parents, and at risk students at Shoreham-Wading River Middle School. Developed research projects and staff development training, and planned district-wide conferences focused on staff renewal. Established a student assistance counseling program, teacher advisor training, parent training center at Shoreham-Wading River Middle School and High School. Program featured innovative interventions such as 5-Hour-A-Day tobacco cessation and TALK, a series of school-parent-community forums on youth and parenting issues.*

**Adjunct Professor, School Administration Program**

**Queens College** – New York, New York

*Taught Human Relation Laboratory and Group Leadership courses.*

**Adjunct Professor, Counseling and Human Development Program**

**C.W. Post College of Long Island University** – Brookville, New York

*Taught courses in group counseling theories, group-counseling laboratory, counseling practicum, theories of counseling, developmental counseling with children and adolescents, behavior dynamics over the lifespan, and community mental health systems and interventions.*

**Consultant and Trainer**

**Dowling College** – Oakdale, Long Island, New York

*New York State Department of Education School Integration Project.*

**Consultant and Trainer**

**Fordham University/Catholic Charities of Long Island Project** – New York, New York

*Training church-community outreach workers.*

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## **CONSULTANT, TRAINER, CONFERENCE PRESENTER**

### *Partial List:*

Phi Delta Kappa Author-Lecture Program	New York United Teachers (NYSUT)
National Middle School Association	Dolores Kohn Foundation
Syracuse University School of Education	American Federation of Teachers
National Dropout Prevention Conference	Ottawa Counselors Association
New York State Department of Education	New York Counselors Association
Fordham University-Catholic Charities of Long Island	American Medical Association
Suffolk County Dept. of Social Service	UK Teacher Centers.
National Conference on the Adolescent	New World Foundation
Portland Oregon Teachers' Union	The Children's Home Society of Seattle
Kean University Teacher Performance Center	NYSUT Teacher Centers
National Center for Chronic Disease and Prevention (CDC)	

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## **COMMUNITY SERVICE**

Co-Chair, Committee to Redistrict and Integrate the Bay Shore Public Schools  
Member, Suffolk County Legislative Advisory Committee on Child Abuse

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## **PUBLICATIONS**

### **BOOKS**

- *Teen Obesity: How Schools Can be the Number One Solution to the Problem*, Lanham, MD: Rowman and Littlefield, (R&L Education), [www.rowmaneducation.com](http://www.rowmaneducation.com) (2006).
- *Innocence Denied: A Guide to Preventing Sexual Misconduct By Teachers And Coaches*. R&L Education (2006).
- *Students in Trouble: Schools Can Help Before Failure*. R&L Education (2005).
- *Understanding the Personal Side of Students' Lives*. R&L Education (2003).
- *An Administrator's Guide to Better Teacher Mentoring*. R&L Education (2002).
- *What Schools Should Do to Stop Kids From Smoking*. Eye-On-Education (2000).
- *The Teacher-As-Helper. Training Manual*. Resource Publications (1998).
- *Tobacco Interventions*. Phi Delta Kappa (1997).
- *Preventing Teacher Sexual Misconduct*. Phi Delta Kappa (1996).
- *The Empowering School: Getting Everyone on Board to Help Teenager*. Resource Publications (1995).
- *The Work Experience of Teachers and Professional Burnout*. Fairfield Teacher Center Press (1981).

### **PEER-REVIEWED CHAPTERS IN BOOKS**

- "All Eyes on the School," in *When a College Works with a Public Schools*, Institute for Responsive Education (1984).
- "Organizing Helping Settings to Reduce Burnout," in *Stress and Burnout in the Human Service Professions*, ed.

Barry A. Farber, Pergamon Press (1983).

- “Ownership and Dialogue in Transforming Teachers’ Work,” in *Essays On Teachers’ Centers*, ed. Kathleen Devaney, Far West Laboratory (1977).
- “The How’s and Why’s of Teacher Centers,” in *Supporting the Learning Teacher*, Ed. Marilyn M. Hapgood, Agathon Press (1975).

#### **JOURNAL ARTICLES**

- “Ten Ways to Help Your Student Right Now,” *Safe Learning Magazine* (04/2001).
- “How to Handle Suicide Threats,” *Safe Learning Magazine* (11/2000).
- “Training Middle School Teachers to be Effective Helpers,” *Schools in the Middle* (04/1999).
- “Stronger Advisory Programs Can Stop the Spread of School Violence,” *Middle Ground* (10/1999).
- “Taking Inventory of Your Guidance Program,” *Schools in the Middle* (10/1999).
- “When a Beloved Teacher and Coach Dies,” *NASSP Bulletin* (03/1998).
- “How to Handle a Transition to a Middle School Model,” *Schools in the Middle* (06/1998).
- “How to Guide Students Who Become Star Athletes,” *NASSP Tips for Principals* (12/1998).
- “The How’s and Why’s of Restructuring and Reenergizing Guidance and Counseling in Our Secondary Schools,” *Education Viewpoints*, New Jersey Principals and Supervisors Association (1996).
- “The How’s and Why’s of Providing Mandatory Counseling for High School Students,” *Student Assistance Journal* (03/1995).
- “The How’s and Why’s of Developing Group Counseling Programs,” *Student Assistance Journal* (09/1994).
- “Empowering Teachers as Counselors,” *Teaching Today Magazine* (11/1993).
- “Combating Student Tobacco Addiction,” *NASSP Bulletin* (12/1993).
- “What Makes a Middle School Excellent,” *The Principal* (03/1985).
- “The How’s and Why’s of Teacher Centers,” *Kappan* (04/1974).